



**Nap Room Supervision Parent Authorization Form
Infant Classroom**

Teachers are capable of hearing and seeing all children sleeping in the nap room. Teachers are able to see and observe children through the large observation window and through the glass-paneled doors at the entrances to the nap rooms. In addition, the infant/toddler classroom has an audio/video monitor allowing teachers to both see and hear the children in the nap room. The camera is located in the nap room and the audio/video monitor is located in the adjoining classroom. At least one teacher is always present in the adjoining classroom while children are sleeping in the nap room.

Teachers visually observe all sleeping children every five minutes and enter the nap room every 10 minutes (and often more frequently and if needed) to further ensure that each child is safe and comfortable. In addition, teachers complete many tasks in the nap room providing further adult presence and supervision. Teachers complete many “quiet tasks” in the nap room such as feeding infants bottles, rocking children, and updating children’s day sheets.

To reduce the risk of SIDS (Sudden Infant Death Syndrome) all infants are placed to sleep on their backs in a crib unless a parent provides a written consent and release of liability, signed by the infant’s pediatrician, for placement of an infant to sleep in any other position than on his/her back.

Pillows, quilts, comforters, blankets, sheepskins, sleep positioners, stuffed toys, and other soft items are not allowed in cribs or rest equipment for infants younger than 12 months of age. Only sleep sacks or wearable blankets are allowed in cribs for infants younger than 12 months of age. Infants cannot be swaddled or placed in restrictive or weighted suits or devices unless there are written medical orders from the child’s primary health practitioner. An infant 12 months that falls asleep in an unsafe sleep environment, such as a bouncy seat, swing, other type of equipment or asleep in a car seat, will be immediately removed and placed in a supine position in his/her crib.

I am aware of and agree to the nap room supervision and sleep position policies and procedures at Woodside School.

Child’s Name _____

Parent’s Full Name (please print) _____

Parent’s Signature _____

Date _____

All licensed child care programs are required by the State of New Hampshire’s Bureau of Child Care Licensing to have parents sign a written Nap Room Supervision Parent Authorization Form. Nap Room supervision guidelines list above are in compliance with NAEYC “Supervision of Sleeping Infants” accreditation criterion.